## Aller-Aid<sup>™</sup> L-92<sup>®</sup>

with L. acidophilus L-92®

Aller-Aid™ L-92® contains Lactobacillus acidophilus L-92®, a sterilized, immunobiotic dry cell powder, enhanced with boswellia, luteolin, and non-GMO vitamin C.\* The ingredients found in Aller-Aid™ L-92® support nasal, ocular, skin, and lung health, improving quality of life and various measures of discomfort during pollen season.\*



#76910 60 vegetarian capsules

## **Key Features**

- Lactobacillus acidophilus L-92® supports nasal, ocular, and skin health and reduces distress during pollen season\*
- Clinical studies show L-92® supports healthy skin in children and adults\*
- Boswellia has been clinically shown to support healthy respiratory function\*
- Studies suggest L-92®, boswellia, and vitamin C help balance the Th1/Th2 cytokine response\*
- Vitamin C and luteolin provide antioxidant protection and stabilize mast cells, reducing the histamine response\*





## L-92®

Lactobacillus acidophilus L-92® is a heat-treated strain of *L. acidophilus* that has been shown in human and preclinical studies to modulate levels of various cytokines and chemokines, restoring balance to multiple markers of an excessive Th2 immune response.\* Unlike probiotics, L-92® is not a live probiotic strain and does not directly support the gut microbiome. It is considered an "immunobiotic" and enhances immune function through activation of gut immunity.\* Cell wall fragments and other cellular components like peptidoglycans, glycoproteins, and nucleic acids of heat-killed bacteria such as L-92® have been shown to enhance immune function, at times even more than their live counterparts, and have far greater shelf-stability.\*



Boswellia, or Frankincense, is a gummy oleoresin from the *Boswellia serrata* tree that contains numerous active compounds (including pentacyclic triterpene acids and other boswellic acids) that may inhibit 5-lipoxygenase, reducing leukotriene synthesis, and help balance the Th1/Th2 immune response, especially when Th2 is overactive and Th1 activity is dampened.\* Boswellic acids also have been shown to stabilize mast cells and balance eosinophil counts.\* Clinically, boswellia has been shown to support numerous markers of healthy respiratory function.\*

Supplement Facts		
Serving Size	1 (	Capsule
Servings Per Container		60
Amount Per Serving	% Daily	Value**
Vitamin C (as Ascorbic Acid)	250 mg	278%
BOSWELLIN® (Boswellia serrata resin) (Standardized to 70% Boswellic Acid)		
polarica and a polarica	265 mg	†
Luteolin	100 mg	†
Lactobacillus acidophilus L-92®	11 mg	†
**Percent Daily Values are based on a 2,000 calorie diet † Daily value not established.		

Other ingredients: Hydroxypropyl methylcellulose, L-leucine.

**Suggested Use:** As a dietary supplement, 1 capsule two times daily, or as directed by a healthcare professional.

 $\text{L-92}^{\text{\tiny{\textcircled{\tiny{0}}}}}$  is a trademark of Asahi Calpis Wellness Co., Ltd., Tokyo, Japan.



**Luteolin** is a natural flavone with free-radical scavenging and cytoprotective properties and may beneficially interact with antioxidant vitamins.\* Luteolin supports healthy vascular permeability and reduces the IgE-mediated immune response, decreasing the release of histamine from mast cells.\* Studies suggest luteolin may be superior to quercetin in regards to antioxidant potential and reducing the mast cell histamine release.\*



**Vitamin C** is another antioxidant that is an essential component of seasonal immune support.\* Vitamin C also may help stabilize mast cells, reducing the release of histamine.\* Vitamin C additionally supports Th1/Th2 balance and reduces eosinophil migration.\* Vitamin C encourages a normal, healthy adrenal cortisol response, which supports normal immune system function.\*

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